

CHOCOLATE

NO SUGAR ADDED

Nutrition Facts

Serving Size 1/2 Cup (83g)

Amount Per Serving

Calories	90	Calories from Fat	5
			% Daily Value*
Total Fat	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium	95mg		4%
Total Carbohydrate	20g		7%
Dietary Fiber	3g		12%
Sugars	6g		
Protein	4g		

Vitamin A	0%	Vitamin C	2%
Calcium	15%	Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Pasteurized and Cultured Skim Milk, Maltodextrin, Whey, Nonfat Dry Milk, Polydextrose, Sorbitol, Cocoa (processed with alkali), Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Cellulose Gel, Modified Food Starch, Pectin, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Contains: Milk

****This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.**