

POMEGRANATE VITAMIN & ENERGY

NON FAT

Nutrition Facts

Serving Size 1/2 Cup (83g)

Amount Per Serving

Calories	120	Calories from Fat	0
			% Daily Value*
Total Fat	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	90mg		4%
Potassium	130mg		4%
Total Carbohydrate	24g		8%
Dietary Fiber	0g		0%
Sugars	23g		
Protein	4g		

Vitamin A 0%	Vitamin C 2%	Thiamin 2%	Biotin 0%
Calcium 15%	Iron 0%	Riboflavin 10%	Pantothenic Acid 15%
Niacin 2%	Vitamin B6 45%	Vitamin B12 25%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Skim Sweetened Condensed Milk, Sugar, Nonfat Milk, Whey, Natural Pomegranate Energy (water, high fructose corn syrup, sugar, citric acid, Energy Blend (sucrose, sodium nitrate, taurine, caffeine, inositol, potassium benzoate (as preservative), natural flavor, niacinamide (vitamin B-3), D-calcium pantothenate (vitamin B-5), pyridoxine hydrochloride (vitamin B-6), and cyanocobalamin (vitamin B-12), Sodium Citrate, Ethyl Alcohol, Propylene Glycol, Natural & Artificial Flavor, Taurine, Caffeine, Sodium Benzoate (as preservative), Guar Gum, Carrageenan, Maltodextrin, Red #40, Citric Acid, Malic Acid, Beet Color. Cultured with the following Live Active Cultures: L. Bulgaricus, L. Acidophilus and S. Thermophilus and B. Lactis.

Contains: Milk

**This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.