

S'MORES

NON FAT

Nutrition Facts

Serving Size 1/2 Cup (83g)

Amount Per Serving

Calories 123 **Calories from Fat** 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 105mg 4%

Total Carbohydrate 28g 9%

Dietary Fiber 0g 0%

Sugars 19g

Protein 3g

Vitamin A 0%

Vitamin C 1%

Calcium 11%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Cultured Skim Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Milk Solids, Whey, Maltodextrin, Modified Potato Starch, Cocoa Powder, (pressed with Alkali), Citric Acid, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Xanthan Gum, Propylene Glycol, Natural & Artificial Flavor, FD&C Yellow #5, FD&C Yellow #6, Caramel Color, Sodium Benzoate, Potassium Sorbate. Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. acidophilus* and *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*

Contains: Milk

**This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.