

# WHITE CHOC. MILKSHAKE

LOW FAT

## Nutrition Facts

Serving Size 1/2 Cup (83g)

Amount Per Serving

<b>Calories</b>	140	<b>Calories from Fat</b>	25
			% Daily Value*
<b>Total Fat</b>	2.5g		4%
Saturated Fat	2g		9%
Trans Fat	0g		
<b>Cholesterol</b>	5mg		2%
<b>Sodium</b>	55mg		2%
<b>Total Carbohydrate</b>	25g		8%
Dietary Fiber	0g		0%
Sugars	21g		
<b>Protein</b>	3g		

<b>Vitamin A</b>	2%	<b>Vitamin C</b>	2%
<b>Calcium</b>	15%	<b>Iron</b>	0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Milk, Nonfat Milk, Sugar, Cream, Whey, Corn Syrup, White Chocolate Mousse Base (sugar, high fructose corn syrup, water, white chocolate (sugar, whole milk, cocoa butter, soy lecithin, vanilla), natural and artificial flavor, stabilizer (modified food starch, cellulose gum, dextrose, carrageenan, gum arabic, potassium sorbate, citric acid, tricalcium phosphate, silicon dioxide), Mono- and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan, Lactic Acid. Cultured with the following Live Active Cultures: L. Bulgaricus, L. Acidophilus, S. Thermophilus and B. Lactis.

Contains: Milk and Soy.

\*\*This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.