

# CAPPUCCINO

NON FAT

## Nutrition Facts

Serving Size 1/2 Cup (83g)

Amount Per Serving

**Calories** 100 **Calories from Fat** 0

% Daily Value\*

**Total Fat** 0g 0%

**Saturated Fat** 0g 0%

**Trans Fat** 0g

**Cholesterol** 5mg 2%

**Sodium** 85mg 4%

**Total Carbohydrate** 21g 7%

**Dietary Fiber** 0g 0%

**Sugars** 16g

**Protein** 4g

**Vitamin A** 0%

**Vitamin C** 2%

**Calcium** 15%

**Iron** 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
<b>Total Fat</b>	Less than	65g	80g
<b>Saturated Fat</b>	Less than	20g	25g
<b>Cholesterol</b>	Less than	300mg	300mg
<b>Sodium</b>	Less than	2,400mg	2,400mg
<b>Total Carbohydrate</b>		300g	375g
<b>Dietary Fiber</b>		25g	30g

**INGREDIENTS:** Pasteurized and Cultured Skim Milk, Sugar, Corn Syrup, Whey, Nonfat Dry Milk, Coffee Concentrate, Colombian Sprayed Dried Coffee, Cocoa (processed with alkali), Milk Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Modified Food Starch, Pectin, Natural and Artificial Flavors, Cinnamon, Contains the following live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. lactis*, *L. acidophilus* and *Bifidobacterium*.

Contains: Milk

\*\*This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.