

ESPRESSO

LOW FAT

Nutrition Facts

Serving Size 1/2 Cup (83g)

Amount Per Serving

Calories 120 **Calories from Fat** 25

% Daily Value*

Total Fat 3g 4%

Saturated Fat 2g 10%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 60mg 3%

Total Carbohydrate 19g 6%

Dietary Fiber 0g 0%

Sugars 16g

Protein 4g

Vitamin A 2%

Vitamin C 4%

Calcium 15%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Milk, Sugar, Cream, Nonfat Milk, Whey, Corn Syrup, Coffee, Mono- and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan, Caramel Color, Lactic Acid. Cultured with the following Live Active Cultures: L. Bulgaricus, L. Acidophilus and S. Thermophilus and B. Lactis.

Contains: Milk

**This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.