

# GREEK BLACK CHERRY

NON FAT

## Nutrition Facts

Serving Size 1/2 Cup (83g)

Amount Per Serving

**Calories** 100 **Calories from Fat** 0

% Daily Value\*

**Total Fat** 0g 0%

**Saturated Fat** 0g 0%

**Trans Fat** 0g

**Cholesterol** 0mg 0%

**Sodium** 75mg 3%

**Total Carbohydrate** 19g 6%

**Dietary Fiber** 0g 0%

**Sugars** 14g

**Protein** 7g

**Vitamin A** 0%

**Vitamin C** 2%

**Calcium** 15%

**Iron** 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
<b>Total Fat</b>	Less than	65g	80g
<b>Saturated Fat</b>	Less than	20g	25g
<b>Cholesterol</b>	Less than	300mg	300mg
<b>Sodium</b>	Less than	2,400mg	2,400mg
<b>Total Carbohydrate</b>		300g	375g
<b>Dietary Fiber</b>		25g	30g

**INGREDIENTS:** Pasteurized and Cultured Skim Milk, Sugar, Nonfat Dry Milk, Cherry Base (Pear, Apple, Clarified Pineapple and Cherry Juice Concentrates, Water, Plum and Elderberry Juice Concentrates, Malic Acid, Natural Flavors), Corn Syrup, Milk Protein, Whey, Natural Flavor, Food Starch, Carrageenan, Pectin, Fruit and Vegetable Juice for Color, Purified Stevia Extract. Contains the following live and active cultures: *S. thermophilus*, and *L. bulgaricus*.

Contains: Milk

\*\*This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.