

GREEK LEMON

NON FAT

Nutrition Facts

Serving Size 1/2 Cup (83g)

Amount Per Serving

Calories 90 **Calories from Fat** 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 80mg 3%

Total Carbohydrate 16g 5%

Dietary Fiber 0g 0%

Sugars 11g

Protein 7g

Vitamin A 0%

Vitamin C 2%

Calcium 15%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Pasteurized and Cultured Skim Milk, Sugar, Nonfat Dry Milk, Corn Syrup, Milk Protein, Whey, Lemon Base (Water, Sugar, Citric Acid, Concentrated Lemon Juice, Sodium Citrate, Turmeric Extract (Color), Natural Flavors), Natural Flavor, Food Starch, Carrageenan, Pectin, Citric Acid, Purified Stevia Extract. Contains the following live and active cultures: *S. thermophilus*, and *L. bulgaricus*.

Contains: Milk

****This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.**